

# Information



## Welcome to Waitara Health Centre

Thank you for entrusting your care to us. We are committed to providing excellent health services in a cost-effective manner.

This sheet gives you instant access to important information regarding our medical practice. Please keep it in a safe place.

### Services

Our clinical team can assist you with all of your healthcare needs. We pride ourselves on modern, convenient and continuous care.

Services include:

- + Regular Checkups
- + Women's Health
- + Family Planning
- + Minor Surgery
- + Repeat Rescriptions
- + Men's Health
- + Sexual Health
- + Referrals
- + Travel Medicine
- + Immunisations

### Clinicians

Dr Brian Wood, Dr Rotimi Shonowo,  
Rebekka Strauss (Nurse Practitioner)

### Nurses

Olivia Healey (Nurse Manager), Tegan Smith (Nurse Prescriber),  
Lydia Thorby, Rebecca Salter, Kirsten Lawrence,  
Jo Pullar (HCA/Phlebotomist), Sandra Reade (HCA)

### Administration

Kathryn, Vanessa, Janet, Rose, Sue

### Fees

#### Registered Patients

0 – 13 Years	\$0.00
14 – 17 Years	\$13.00
18 – 24 Years	\$19.50
25 – 44 Years	\$19.50
45 – 64 Years	\$19.50
65+ Years	\$19.50

The above pricing is for a standard 15 minute medical consultation for registered/enrolled patients.

### HealthyAccess

HealthyAccess is the new way to manage your day-to-day healthcare. It's simple, smart and convenient.

A single monthly fee provides you with a whole lot of benefits. These include:

- + Face-to-face consultations with GPs and nurses
- + Repeat prescriptions
- + Secure email and text communication

Request a quote from reception staff or visit [healthyaccess.co.nz](https://www.healthyaccess.co.nz) for more info.

### Extended Consultations

Longer consultation times are available. Please ask our receptionist if you require extra time but be aware there is a fee.





You can access your test results via our online patient portal or by calling the practice on **(06) 754 8119**. Please ask reception staff for patient portal instructions should you require these.

## Appointments

Please ring **(06) 754 8119** for an appointment to see the doctor or nurse or book online through the patient portal.

Every effort will be made to accommodate your preferred time.

However, emergencies will always be given priority.

Our reception staff will attempt to contact you if there are any unforeseen delays.

## New Patient Consults

All new patients require a longer initial consultation.

These new patient consults include an appointment with a nurse and a double appointment with a GP. This extended time gives practice staff the opportunity to discuss any concerns that come up in your patient notes and also gives you a chance to get to know your GP.

The cost for this initial consult is \$55.

## Repeat Prescriptions

Please make sure you have your repeat prescription requests in early and allow at least 24 hours turnaround.

We are happy to issue repeat prescriptions. However, we ask that you give us as much advance notice as possible.

Repeat prescriptions do incur a charge and the doctor may need to see you prior to issuing for clinical and/or legal reasons - especially if you are not seeing your regular GP.

## Patient Portal

ManageMyHealth is a secure online tool that lets patients manage their health in a modern and convenient manner.

Registering is free and simple. Sign up at your next appointment. Our reception staff can guide you through the process, and verify your identity, with ease.

## Payments

Fees are payable at the time of consultation.

We encourage prompt payment and a \$5 fee will be added to all those accounts not settled before the end of the month.

We accept cash, eftpos, cheque and online payments.

## Pharmacy

**Unichem Waitara** - 56 McLean Street, (06) 754 7662 - is open 8:30AM to 5:30PM on weekdays and 9AM to 12PM on Saturdays.

The pharmacy is closed on Sundays.

## General Information:

### Waitara Health Centre

Corner of McLean Street & Grey Street  
Waitara  
New Plymouth 4320  
New Zealand

Ample parking is available in the carpark outside the practice. Street parking is also available.

A pharmacy is located within 150m of the practice.

**Please dial 111 in emergencies.**

Mon, Tues & Thurs — 8:30AM to 7PM  
Weds & Fri — 8:30AM to 5:30PM  
Weekends & Public Holidays — Closed

Phone: (06) 754 8119  
Fax: (06) 754 8461  
Email: [reception@waitarahealth.co.nz](mailto:reception@waitarahealth.co.nz)

After hours care is provided by  
MediCross Urgent Care — 8 Egmont Street,  
(06) 759 8915. They are open from  
8 AM to 8 PM, seven days a week  
(including Public Holidays).